

Customize Your Massage Experience

INFO

Name: _____ Cell Phone: _____

E-mail: _____

Address: _____ City: _____ State: _____ Zip: _____



Birthday: Month _____ Day _____



Anniversary: Month _____ Day _____

MESSAGE PREFERENCES

1. Would you like the therapist to:

be silent small talk open conversation

3. Would you prefer the lighting to be:

dim normal bright

4. Would you prefer the music to be:

soft/low normal high

5. Pressure: Please circle the amount of pressure you prefer

swedish massage

1	2	3	4	5	6
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low

deep tissue –

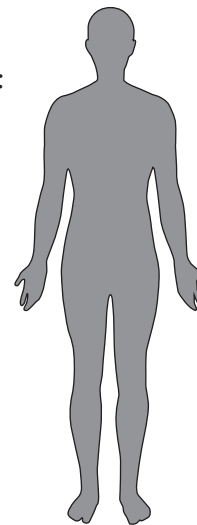
\$15 additional added to price.

7	8	9	10
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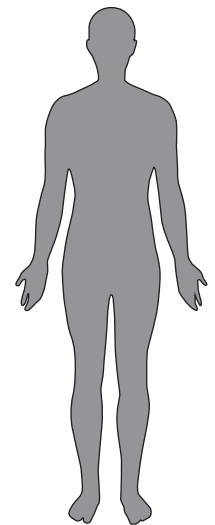
high

2. Please circle areas of tension or stress

front



back



MESSAGE POLICY

Please be advised that a one hour massage session includes: 5-minute initial set up client comfort time, 50-minute actual massage therapy time and 5-minute after session client comfort zone. I understand that the massage therapy given here is for general wellness purposes, including stress reduction, relief from muscular tension or spasm, the promotion of circulation, lymph activity, and flexibility. I understand that all massage therapy & bodywork offered is strictly non-sexual. I hereby consent to the above—mentioned treatment and assume all risk of personal injuries. I voluntarily release Spa Florence from any and all liability claims, or actions which may be related to any treatments received.

Client Signature: _____ Date: _____

HELPFUL TIPS

Arrive early

Arriving 10 minutes early will allow you to relax and unwind from your day.

Always communicate openly

Your input ensures a therapeutic session that addresses your needs.

Relax and rehydrate

After your session, allow quiet time for yourself, drink plenty of water and try to slow down for the rest of the day.

Use restroom before service

It's always a good idea to use the restroom before the service!